



# Annual Conference



**JULY 31-AUGUST 2, 2026**  
**WESTIN MEMORIAL CITY**  
**945 GESSNER ROAD**  
**HOUSTON TX 77024**  
[paltmedtexasgeriatrics.org](http://paltmedtexasgeriatrics.org)

**Your geriatric patients deserve better—and so do you!**  
**Evolving evidence, under-recognized conditions, and ethical challenges are outpacing traditional training.**  
**We're here to bridge that gap.**

PHYSICIAN REGISTRATION		
	PALmed Texas/TGS Member Rate	Non-Member
Early Bird	\$360.00	\$440.00
July 10	\$420.00	\$500.00

NON-PHYSICIAN REGISTRATION		
	PALmed Texas/TGS ALL 3 Days	Non-Member All 3Days
Early Bird	\$260.00	\$360.00
July 10	\$320.00	\$420.00
	SAT. ONLY	SAT. ONLY
	\$190.00	\$220.00

- REASONS TO ATTEND**
- ★ Engaging programming
  - ★ Network with colleagues
  - ★ Earn CME/CE/MOC/Ethics/AAFP  
*(all credits currently pending)*
  - ★ Early Bird rates same as 2025
  - ★ Hotel is \$189/night
  - ★ \$15 Parking
  - ★ Win registration to 2027 conference

**STUDENT/RESIDENT/FELLOW**  
**Registration is \$30**

## PALTmed Texas Geriatrics Annual Conference Agenda 2026

### Friday, July 31, 2026

7:00am Registration Opens/Continental Breakfast

7:55am Welcome & Opening Remarks by PALTmed Texas & TGS Presidents  
—Michael L. Krol, MD, CMD (PALTmed Texas) & Julia A. Hiner, MD (TGS)

8:00am *Age-Friendly Health System 4M's: Mentation and Mental Health*

—Tammie Michael, DNP, APRN, AGPCNP-BC & Jennifer Young, MSN, APRN, AGPCNP-C

9:00am *PM&R in Post Acute Care*—Norberto Vargas, MD, CMD

10:00am Exhibit Break

10:30am *Augmenting the Clinician: AI Tools in Geriatric Care*

— Micheal L, Krol MD, CMD & Geoffrey McCrossan, MD

11:30 am *Delirium in Hospitalized Older Adults* —Kathryn S. Agarwal, MD

12:30 pm Sponsored Lunch Symposium (*non-CME event*)

1:45 pm *Policy and Advocacy Update* —Alex Bardakh, MPP, CAE, PLC

2:45pm Exhibit Break

3:15pm *Sexual Health and Intimacy in the Elderly Population* —Ana B. Mosquera Pelegrina, MD, MSCP

4:15pm †*Suicide in Later Life:*

*Understanding Risks, Evidence-Based Interventions, and Pathways to Prevention*

—Lesca Hadley, MD, MBA, FAAFP, AGSF, CMD & Theresa Murphy, LCSW-S

### Saturday, August 1, 2026

7:00 am Registration Opens/Continental Breakfast

8:00am *Bridging the Gap: Strengthening the Provider-Administrator Relationship*  
—Molly Greenwald, LNHA

9:00am *A Dentist's Update for Physicians* —June Sadowsky, DDS, MPH

10:00am Exhibit Break and Posters

10:30am *From Ancient Remedies to Modern Practice: Integrative Perspectives in Wound Care*

—Neeta Nayak, MD, CMD & Dianne Rudolph, DNP, GNP-BC, CWON

11:30am *Medical Directorships and Mid-Level Supervision* —David Lindsay

12:30pm Sponsored Lunch Symposium (*non CME event*)

1:45 pm *Geroscience* —George E. Taffet, MD **KEYNOTE SPEAKER**

2:45pm PALTmed Texas & Texas Geriatrics Society Business Meetings

3:15pm Exhibit Break and Posters

3:45pm *Staying Safe Behind the Wheel: Assessing Driving Fitness in Older Adults*

—Megan Frazier, OTR, MS, DRS, DI

4:45 pm *CHIP: Clonal Hematopoiesis of Indeterminate Potential: Is "Indeterminate" Still Defensible?  
A Closer Look at This Biomarker* —Everardo Cobos, MD, FACP

### Sunday, August 2, 2026

8:00am Registration Opens/Continental Breakfast

8:30am *Journal Club*—Lesca Hadley, MD, MBA, FAAFP, AGSF, CMD

—Christian Anthony Burton, MD, MPH, FAAFP, CMD; Melissa Hudson, MD;

—Felipe Solares Montes, MD, MBA & Syeda Butool Mustafa, DO

9:30am †*Financial Toxicity and Cancer in America* —Fumiko Chino, MD, FASCO

10:30am Break

10:45am *Brain Teasers, Diets, Exercises and Supplements for Brain Health after 70*

—Ramsis Benjamin, MD, MPH

11:45am Closing Remarks by PALTmed Texas & TGS Presidents

†*Ethics credit pending*

*This education activity will be submitted to the American Association of Nurse Practitioners® for approval of up to 17.0 contact hours of accredited education*