

**PALTmed Texas Geriatrics Annual Conference 2026: *Houston: We Have Geriatrics!*
Session Objectives and Speaker Bio(s)**

**Speaker(s): Neeta Nayak, MD, CMD
Dianne Rudolph, DNP, GNP-BC, CWON**

Title: *From Ancient Remedies to Modern Practice: Integrative Perspectives in Wound Care*

Date: Saturday, August 1, 2026

Time: 10:30 am to 11:30 am

Objectives:

1. Examine how early civilizations, including those in China, India, and Persia/Sumer, understood and treated wounds, highlighting traditional practices, herbal remedies, and philosophical approaches to healing.
2. Discuss key principles from Eastern and traditional medical systems (e.g., holistic balance, natural therapeutics) alongside European historical approaches, and how these perspectives inform supportive care strategies.
3. Evaluate how ancient and integrative techniques can complement contemporary, evidence-based wound care to enhance healing outcomes, patient comfort, and treatment.

Neeta Nayak, MD, CMD

Dr. Neeta Nayak is on faculty at Baylor Scott and White's senior health program in the department of geriatric medicine. She did her residency in internal medicine at University of Tennessee, Memphis and geriatrics fellowship at The University of Chicago. She is triple board certified in Internal Medicine, Geriatrics, and Hospice & Palliative Medicine. She's a writer and published her first collection of poetry on Amazon in March 2026 and is currently working on her second book titled "Tales from the Geriatric Chronicles" which will house the most hilarious and profoundly wise statements her patients have made to her in 27 years of practice.

Dianne Rudolph, DNP, GNP-BC, CWON

Dr. Dianne Rudolph is a doctorally prepared nurse practitioner with over 20 years of experience as a nurse practitioner and 30 years as a wound care specialist. She has practiced across multiple health care settings to include acute care, long-term post-acute care, hospice, clinic and community settings. She has presented and published on a variety of topics on wound care and serves as a nurse expert witness in medico-legal cases.