

PALTmed Texas Geriatrics Annual Conference 2026: *Houston: We Have Geriatrics!*
Session Objectives and Speaker Bio(s)

Speaker(s): Lesca Hadley, MD, MBA, FAAFP, AGSF, CMD
C. Anthony Burton, MD, MPH, CMD, FAAFP
Melissa Hudson, MD
Felipe Solares Montes, MD, MBA
Syeda Butool Mustafa, DO

Title: *Journal Club*

Date: Sunday, August 2, 2026

Time: 8:30 am to 9:30 am

Objectives:

1. Identify newly published evidence-based guidelines regarding the care of the elderly.
2. Review newly published scientific literature which may result in practice changes in the care of the elderly.
3. Describe emerging recommendations in Geriatric Pharmacology.

Lesca Hadley, MD, MBA, FAAFP, AGSF, CMD

Dr Lesca Hadley received her medical degree from Texas Tech University Health Science Center in Lubbock Texas. She completed a Family Medicine Residency and Geriatrics Fellowship at John Peter Smith Hospital in Ft. Worth, Texas. Later, Dr Hadley received an MBA with a healthcare emphasis from Abilene Christian University. She is Board Certified in Family Medicine with additional Board certifications in Geriatrics and Hospice and Palliative Medicine. Dr Hadley served as the John Peter Smith Hospital Geriatrics Fellowship Program Director for fourteen years, and she was the founding Program Director for the Hospice and Palliative Medicine Fellowship at John Peter Smith Hospital. Currently, Dr Hadley serves as the Director of Geriatrics for the Methodist Family Medicine Residency in Dallas, Texas. Dr Hadley is passionate about caring for the most vulnerable patients at home and abroad, and she is inspired by the students she teaches.

C. Anthony Burton, MD, MPH, CMD, FAAFP

Dr. C. Anthony Burton is on faculty at the John Peter Smith Family Medicine Residency Program, where he serves as Program Director for the Geriatric Medicine Fellowship. He is also an assistant professor at the Burnett School of Medicine at TCU, and adjunct faculty at the University of North Texas Health Science Center. He attended medical school at McGovern Medical School in Houston, TX; family medicine residency and geriatrics fellowship at John Peter Smith Hospital. He is board certified in Family Medicine with additional certification in Geriatric Medicine.

Melissa Hudson, MD

Dr. Melissa Hudson is a board-certified Family Medicine and Geriatric Medicine physician with a career dedicated to advancing the care of older adults. She earned her medical degree from the University of Texas at San Antonio School of Medicine and completed both her Family Medicine residency and Geriatric Medicine Fellowship at John Peter Smith Hospital. During her fellowship, she also completed a Graduate Certificate of Academic Medicine through UNT Health, strengthening her foundation in medical education, and academic leadership. After fellowship, Dr. Hudson spent two years in academic medicine followed by five years in private practice, providing comprehensive geriatric care across diverse clinical settings. Motivated by her passion for teaching, mentorship, and service, she returned to JPS to help train the next generation of geriatric clinicians. Dr. Hudson currently serves as the Associated Program Director of the JPS Geriatric Medicine Fellowship Program and is a core faculty

member for Geriatrics Her professional interests include medical education, interdisciplinary care models, providing outpatient geriatric consultative services, and improving quality of life for older adults.

Felipe Solares Montes, MD, MBA

Dr. Felipe Solares was born and raised in Guatemala City, Guatemala, where he completed his medical education before pursuing graduate studies in the United States. He earned his Master of Business Administration from Tulane University and has furthered his academic training through the Principles and Practices of Clinical Research certificate program at Harvard University. Dr. Solares completed his residency in Family Medicine at Methodist Health System in Dallas, Texas, and is currently a Geriatrics Fellow at JPS Health Network in Fort Worth, Texas. His diverse background spanning clinical medicine, research methodology, and healthcare management reflects a commitment to advancing comprehensive, patient-centered care for older adults.

Syeda Butool Mustafa, DO

Dr. Butool Mustafa is a second-year Family Medicine resident at Methodist Charlton Family Medicine Residency in Dallas, Texas, and completed her medical education through an accelerated program at Kansas City University of Medicine. During her training, she developed a strong passion for Geriatric Medicine, drawn to the complexity and depth of caring for older adults. She plans to pursue a Geriatric Fellowship following residency, with the goal of improving quality of life for aging patients.