

**PALTmed Texas Geriatrics Annual Conference 2026: *Houston: We Have Geriatrics!*
Session Objectives and Speaker Bio(s)**

Speaker(s): Megan Frazier, OTR, MS, DRS, DI

Title: *Staying Safe Behind the Wheel: Assessing Driving Fitness in Older Adults*

Date: July 31, 2026

Time: 1:45 pm to 2:45 pm

Objectives:

1. By the end of this presentation, the attendee will be able to discuss how driving ability impacts physical, social, emotional, and economic wellbeing.
2. By the end of this presentation, the attendee will be able to describe five warning signs that may indicate a need to further address driving fitness.
3. By the end of this presentation, the attendee will be able to list three quick assessment tools to guide their discussion about driving safety.
4. By the end of this presentation, the attendee will be able to list local, regional, and national resources that are available for clinicians and clients when discussing driving safety.

Megan Frazier, OTR, MS, DRS

Megan Frazier is the owner of Functional Stability & Mobility, LLC and HD Driving School. She earned a Bachelor of Arts in Art Therapy and a Master of Science in Occupational Therapy from Springfield College, Springfield, MA. Her clinical practice focuses on fitness to drive, adaptive driving, and driving rehabilitation across the lifespan. Megan was named Texas Occupational Therapist of the Year in 2021. She serves on the Texas Occupational Therapy Association (TOTA) Speaker Bureau and on the Occupational Therapy Advisory Board for the University of Mary Hardin-Baylor's Occupational Therapy Program.