

PALTmed Texas Geriatrics Annual Conference 2026: *Houston: We Have Geriatrics!*
Session Objectives and Speaker Bio(s)

Speaker(s): Alex Bardakh, MPP, CAE, PLC

Title: *Policy and Advocacy Update*

Date: Saturday August 1, 2026

Time: 3:45 pm to 4:45 pm

Objectives:

1. Describe recent federal and state policy developments impacting healthcare delivery and reimbursement.
2. Identify key regulatory and legislative trends affecting post-acute and long-term care providers.
3. Explain the implications of current payment and delivery model reforms on clinical practice and operations.
4. Assess emerging advocacy priorities and their potential impact on patient care and provider sustainability.
5. Apply strategies for effective engagement with policymakers and stakeholders to influence health policy outcomes.

Alex Bardakh, MPP, CAE, PLC

Alex Bardakh, MPP, CAE, PLC is the Senior Director of Advocacy and Strategic Partnerships for Post-Acute and Long-Term Care Medical Association (PALTmed). Mr. Bardakh works for the Society's extensive Public Policy agenda through advocacy in Congress and numerous Federal Agencies. He is a thought leader in the field and represents the organization with a variety of coalitions and industry partners. A graduate from the University of Maryland Baltimore County (UMBC) in Political Science/Psychology and master's degree in Public and Legal Policy, Mr. Bardakh has extensive experience in specialty society executive leadership focusing on advocacy and strategic growth of organizations. He is a Certified Association Executive (CAE) through the American Society for Association Executives (ASAE), has a certificate in Non-Profit Financial Management, as well as a Professional Lobby Certificate from the National Institutes for Lobbying and Ethics, and has been a recognized speaker throughout the country.