PALTmed Texas Geriatrics Annual Conference 2025: *GERIATRICS: A Capitol Idea* Session Objectives and Speaker Bio(s)

Speaker(s): Lesca Hadley, MD, MBA, FAAFP, AGSF, CMD C. Anthony Burton, MD, MPH, CMD, FAAFP Katherine Cantu, MD Ryan Choudhury, MD

Title: Journal Club

Sunday, August 3 from 9:30 am to 10:30 am

Objectives:

- 1. Identify newly published evidence-based guidelines regarding the care of the elderly.
- 2. Review of newly published scientific literature which may result in practice changes in the care of the elderly.
- 3. Describe emerging recommendations in Geriatric Pharmacology.

Dr Lesca Hadley received her medical degree from Texas Tech University Health Science Center in Lubbock Texas. She completed a Family Medicine Residency and Geriatrics Fellowship at John Peter Smith Hospital in Ft. Worth, Texas. Later, Dr Hadley received an MBA with a healthcare emphasis from Abilene Christian University. She is Board Certified in Family Medicine with additional Board certifications in Geriatrics and Hospice and Palliative Medicine. Dr Hadley served as the John Peter Smith Hospital Geriatrics Fellowship Program Director for fourteen years, and she was the founding Program Director for the Hospice and Palliative Medicine Fellowship at John Peter Smith Hospital. Currently, Dr Hadley serves as the Director of Geriatrics for the Methodist Family Medicine Residency in Dallas, Texas. Dr Hadley is passionate about caring for the most vulnerable patients at home and abroad, and she is inspired by the students she teaches.

Dr. C. Anthony Burton is on faculty at the John Peter Smith Family Medicine Residency Program, where he serves as Associate Program Director for the Geriatric Medicine Fellowship. He is also assistant professor at the Burnett School of Medicine at TCU, and adjunct faculty at the University of North Texas Health Science Center. He attended medical school at McGovern Medical School in Houston, TX; family medicine residency and geriatrics fellowship at John Peter Smith Hospital. He is board certified in Family Medicine with additional certification in Geriatric Medicine.

Dr. Katherine Cantu attended medical school at UT Southwestern, Dallas, TX. She concurrently completed her Family Medicine Residency and Geriatrics Fellowship at John Peter Smith Hospital, Fort Worth, TX. She will be practicing full spectrum family medicine-- including FM OB and Geriatrics in her rural community of South Texas.

Dr. Ryan Choudhury is on faculty at the University of North Texas Health Science Center Division of Geriatrics and Assistant Professor at the Texas College of Osteopathic Medicine in Fort Worth. He attended medical school in the Caribbean and graduated from Avalon University of Medicine in Curacao. Dr. Choudhury completed internal medicine residency in at St. Vincent Charity Medical Center in Cleveland, Ohio and fellowship training at UT Health San Antonio in Geriatrics and Hospice and Palliative Medicine.