PALTmed Texas Geriatrics Annual Conference 2025: *GERIATRICS: A Capitol Idea* Session Objectives and Speaker Bio(s)

Speaker(s): Brian Donley, MD, MPH

Title: Management of Inappropriate Sexual Behaviors in Long-Term Care Settings

Sunday, August 3 from 8:30 am to 9:30 am

Objectives:

- 1. Identify common triggers or underlying conditions that contribute to hypersexual behaviors in older adults.
- 2. Utilize non-pharmacological/behavioral interventions to address inappropriate sexual behaviors in nursing home settings.
- 3. Analyze the risks and benefits of pharmacological interventions, including off-label use of psychotropic and hormonal agents, in managing hypersexuality.
- 4. Evaluate the impact of hypersexual behavior on staff, residents, and the overall care environment.

Dr. Brian Donley completed his residency training in Psychiatry and fellowship in Geriatric Psychiatry at the University of Texas at Austin Dell Medical School. He attended medical school at Baylor College of Medicine in Houston, TX. His clinical interests are in the diagnosis and treatment of mood disorders in older adults, as well as neurocognitive disorders and providing support for caregivers.